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## OBJECTIVE

To offer financial and technical assistance to National Olympic Committees (NOCs) to support athletes at various stages of their career with a view to attempting to ensure a successful post-athletic career.

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## BENEFICIARIES

The programme is available to all the National Olympic Committees (NOCs) that meet the criteria identified in the sections below.

In accordance with the IOC policy on the promotion of women in sport, Olympic Solidarity would like to insist, whenever possible, that NOCs consistently encourage women's participation in the activities of this programme and submit, during this quadrennial, an equal number of applications for men and women athletes.

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## DESCRIPTION

This programme offers NOCs technical and financial assistance to provide educational opportunities to athletes and to deliver the IOC Athlete Career Programme.

NOCs will have access to the following options:

### 1. Athletes' Education

Individual grant offered to Olympians to follow training and education in a field of their choice in order to obtain a qualification considered necessary to ensure a smooth post-sporting career transition.

The content, duration, location, cost and evaluation methods of the education are determined between the beneficiaries and the NOCs in agreement with Olympic Solidarity.

In addition to the above-mentioned NOC initiatives, Olympic Solidarity strongly recommends that NOCs encourage their athletes to complete the IOC Athlete Learning Gateway online course focusing on Athlete Career Transition entitled 'Preparing for Future Success'. This Athlete Learning Gateway (onlinecourse.olympic.org) is an online education platform focusing on boosting an athlete's current performance and helping inspire future education and career pathways. This free high quality education tool covers a wide range of topics, such as:

- Sports Coaching;
- Business of Sport;
- Sport in Society;
- Science of Sport.

### 2. IOC Athlete Career Programme (ACP)

NOCs that do not have a national athlete career programme and have an active athletes' commission will be offered the possibility to organise IOC ACP Outreach sessions. These sessions are delivered with a very interactive and hands-on approach by retired Olympic athletes, members of athletes' commissions and/or human resources experts.

# Olympic Solidarity 2017-2020 Plan

## Athlete Career Transition

### Guidelines



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The topics covered are:

- Identifying one's passions and motivators for life after sport;
- Learning how to transition from sport to the labour market;
- Developing a "game plan" and goal-setting for success;
- How to develop and utilise one's network;
- CV and résumé development;
- Interview skills;
- Life skills such as time management;
- For young athletes the skills of time management and introduction to the value of networking.

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## EXTERNAL PARTNERS

The programme is offered in cooperation with the IOC Athletes' Commission and Sports Department.

Olympic Solidarity will seek to extend the range of partners during the course of the quadrennial plan, depending on the budget available.

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## APPLICATION PROCEDURE

### 1. Athletes' Education

NOCs wishing to benefit from this opportunity for their athletes for the implementation of an education project should make a request by submitting an application form no later than two months prior to the start of the project.

The application form must be accompanied by a CV and copies of relevant supporting documents, including an acceptance letter and a description of the chosen education and assessment methods (exams, practical sessions, presentations, etc.) as well as any other useful information (certificates, pro-forma invoices, etc.).

### 2. IOC Athlete Career Programme (ACP)

NOCs wishing to benefit from this opportunity should inform Olympic Solidarity. A feasibility assessment will be conducted in collaboration with the IOC Sports Department.

Requests should be sent to Olympic Solidarity as soon as possible to ensure alignment with the overall ACP Outreach calendar. The NOC may propose preferred dates which may be modified depending on the availability of the experts or for other reasons.

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## ANALYSIS AND APPROVAL

The proposals will be analysed in collaboration with the relevant partners and approved by Olympic Solidarity according to the following criteria:

- Compatibility with the objective and guidelines of the programme;
- The athlete profile presented;



- Feasibility of the activities; and
- Budget consistency.

For each NOC project, Olympic Solidarity will confirm which specific activities can be included in the budget available to the NOC.

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## **FINANCIAL CONDITIONS**

The quadrennial budget allocated to this programme is USD 3,000,000.

Following analysis and approval of an NOC proposal, Olympic Solidarity will inform the NOC of the maximum provisional budget available if all the projects are carried out and the administrative requirements are fulfilled. NOCs are responsible for bearing all the other costs related to their athletes' participation in the programme.

The budget allocated to the NOC will depend on the scope of the proposal, the budget availability and the agreements reached with the partners.

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## **FOLLOW-UP AND CONTROL**

Following approval of the project, the NOC must ensure that the approved activities are completed and submit a technical and financial report at the end of the project.

If the activity is managed by the NOC, the follow-up, monitoring and payment process will be as follows:

- Advance payment made with the letter confirming approval of the project;
- Balance payment made upon receipt and acceptance of the technical and financial reports detailing the activities carried out and the budget used.

If the activity is managed by a third party such as the IOC Sports Department, the monitoring and payment process will be agreed between Olympic Solidarity and the concerned party.

Olympic Solidarity may propose an alternative payment and reporting procedure when necessary.