



**BADMINTON
EUROPE**

WELCOME TO THE 2016 BEC COACH SEMINAR



INTRODUCTION

Since 2013 working for Badminton Europe

- Regional Projects, Shuttle Time, Coach education, Certificated Training Centres ETC.

Before

- Professional badminton player
- 2000 – 2005 Coach in Clubs in Denmark
- 2005 – 2012 One of the national coaches in Germany



SITUATION IN GERMANY

2005 - 2009

Situation in Germany

- 2 training centres

Mülheim

- WS, WD and Female MX players

Saarbrücken

- 2005 MS, MD and male MX players

SITUATION FOR HUAIWEN IN GERMANY 2005 - 2009

- Training in Saarbrücken
- 40 days training in Mülheim
- 2 times per day practice





MY ROLE

2005 - 2009

Martin Kranitz

- Sport director and based in Saarbrücken

Detlef Poste

- Head coach based in Mulheim

Me

- Head Coach Saarbrücken

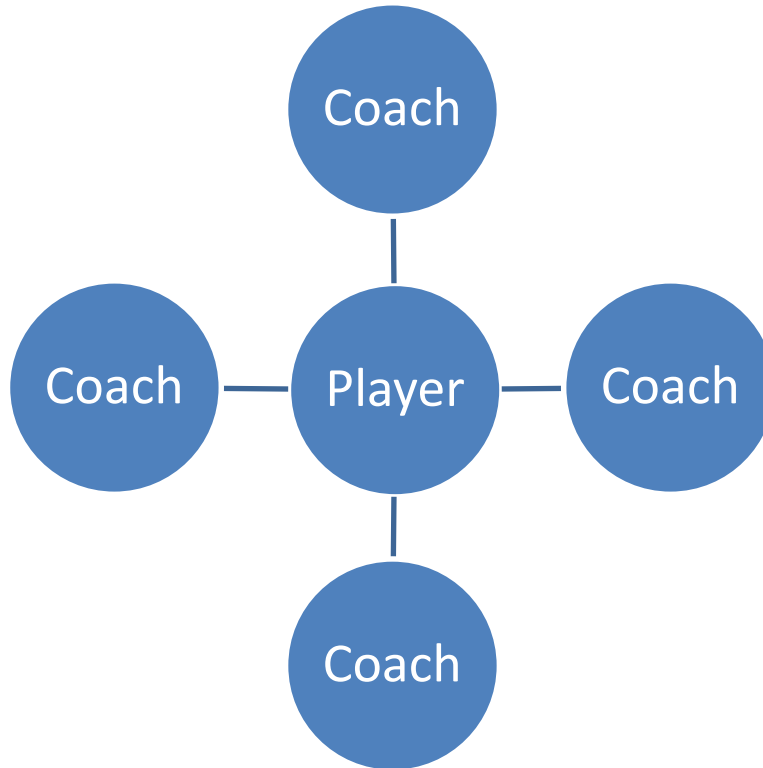
Michael Keck

- Assistant coach



ROLE OF COACH

2005 - 2009





MY ROLE – RELATIONSHIP

Through my role I was able to get close to the players

- Huaiwen trusted me
- Huaiwen felt safe



WORKING DAY TO DAY ON COURT

- Huaiwen practised mostly with men
- Liked to be the only women in the group
- I gave more individual training to HXU then the boys
- Huaiwen had a big say in how the practice should be.



WORKING DAY TO DAY PLANNING

- We made weekly training schedules
- 6 months tournament plan
- Huaiwen had a big say which tournaments she would like to play.
- Discussions how the practice should be



WORKING WITH WOMEN / MEN

Man need to have good results to create good atmosphere

Women need to have a good atmosphere to create results



WORKING WITH WOMEN / MEN

- Easier to work with women when they are motivated
- More focused
- Can practice longer than men
- Easier to make agreements with.

- Be aware of your role
- Long term planning – Control
- Relationship
- Spent time

